

Substitutes may be made when needed.	<p style="text-align: center;">JUNE 2022 MENU Academia del Pueblo Friendly House Inc. Breakfast & Lunch Menu</p>				Milk is served with each meal.
Monday	Tuesday	Wednesday	Thursday	Friday	
		<p style="text-align: center;">1</p> <p style="text-align: center;">WG Breakfast Bar Banana/Fruit Punch juice *****</p> <p style="text-align: center;">Corn Dog/Mustard Chili Beans/Ketchup Celery Sticks Mandarin Oranges</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">WG Blueberry Muffin Fresh apple/Apple Juice *****</p> <p style="text-align: center;">Spaghetti/Meat Sauce/Cheese Romaine/Spinach Salad Ranch Dressing Wheat Roll//Peaches</p>	<p style="text-align: center;">3</p> <p style="text-align: center;">WG Breakfast Bar Banana/Grape Juice *****</p> <p style="text-align: center;">Grilled/Cheese Sandwich Seasoned Green Peas Carrots Sticks Ranch Dressing Orange Wedges</p>	
<p style="text-align: center;">6</p> <p style="text-align: center;">WGC Honey Nut Cheerios Granola Bar/ Apple Juice Fresh Apple *****</p> <p style="text-align: center;">Chicken Nuggets/BBQ Broccoli florets/Dinner roll Baby Carrots Ranch Dressing Sliced Peaches</p>	<p style="text-align: center;">7</p> <p style="text-align: center;">WG Bagel/Cream Cheese Applesauce Cup Orange juice *****</p> <p style="text-align: center;">Beef/Cheese Taco Spanish Rice/Salsa Cup SH. Lettuce Orange Wedges</p>	<p style="text-align: center;">8</p> <p style="text-align: center;">WG Honey Nut Cheerios WG Graham Crackers Fresh Apple Grape Juice *****</p> <p style="text-align: center;">Bean/Cheese Burrito Seasoned Mixed (corn,peas,carrots,green beans)/Salsa Cup Mandarin Oranges</p>	<p style="text-align: center;">9</p> <p style="text-align: center;">WG Blueberry Muffin Fresh Apple/Orange Juice *****</p> <p style="text-align: center;">Chicken Breast Mashed Potatoes WG Roll/Chicken Gravy Baby Carrots Sliced Peaches</p>	<p style="text-align: center;">10</p> <p style="text-align: center;">WG Breakfast Bar Banana/Mixed Fruit Cup *****</p> <p style="text-align: center;">Bean/Cheese Tostada Spanish Rice SH Lettuce Pineapple Chunks</p>	
<p style="text-align: center;">13</p> <p style="text-align: center;">WG Honey Nut Cheerios WG Graham Crackers Fresh Apple/Orange Juice *****</p> <p style="text-align: center;">Corn Dog/Ketchup Ranch Beans/Mustard Baby Carrots Mandarin Oranges</p>	<p style="text-align: center;">14</p> <p style="text-align: center;">Assorted Blended Yogurt WG Granola Bar Mixed Fruit Cup/Apple Juice *****</p> <p style="text-align: center;">Grilled Cheese Sandwich Veggie Sticks Ranch Dressing Sliced Peaches</p>	<p style="text-align: center;">15</p> <p style="text-align: center;">WG Bagel/Cream Cheese Orange juice Applesauce cup *****</p> <p style="text-align: center;">Chicken Sandwich Ketchup/Mayonnaise Seasoned Corn Carrots Sticks Orange Wedges</p>	<p style="text-align: center;">16</p> <p style="text-align: center;">WG Blueberry Muffin Banana/Fruit Punch Juice *****</p> <p style="text-align: center;">Beefy Nachos Pinto Beans Jalapeños Cup Romaine/Spinach School Boy Apple</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">WG Lucky Charms Banana/Mandarin Cup *****</p> <p style="text-align: center;">Chicken/Cheese Soft Taco Green Chili Rice Romaine/Spinach Salsa Cup Pineapple Chunks</p>	
<p style="text-align: center;">20</p> <p style="text-align: center;">WG Breakfast Bar Apple Juice/mandarin Oranges *****</p> <p style="text-align: center;">Bean/Cheese Burrito Romaine/Spinach Salad Baby Carrots Ranch Dressing Mandarin Oranges</p>	<p style="text-align: center;">21</p> <p style="text-align: center;">WG Blueberry Bar Yogurt Fresh Apple/Applesauce *****</p> <p style="text-align: center;">Beef/Cheese Taco Spanish Rice/Salsa Cup SH. Lettuce Orange Wedges</p>	<p style="text-align: center;">22</p> <p style="text-align: center;">WG Blueberry Muffin Banana/Orange Juice *****</p> <p style="text-align: center;">Grilled Cheese Sandwich Pinto Beans Celery Sticks Ranch Dressing Sliced Peaches</p>	<p style="text-align: center;">23</p> <p style="text-align: center;">WG Bagel/Cream Cheese Applesauce/Apple Juice *****</p> <p style="text-align: center;">Cheeseburger French Fries/ketchup Romaine/Spinach Salad Fresh Apple</p>	<p style="text-align: center;">24</p> <p style="text-align: center;">WGC Honey Nut Cheerios/Graham Crackers/Banana/Mixed fruit Cup *****</p> <p style="text-align: center;">Rotini/Meat Sauce Green Salad/Dressing WG Dinner Roll Pineapple Chunks</p>	
<p style="text-align: center;">27</p> <p style="text-align: center;">WG Honey Nut Cheerios WG Graham Crackers Fresh Apple Grape Juice *****</p> <p style="text-align: center;">Bean/Cheese Burrito Seasoned Corn Salsa Cup Orange Wedges</p>	<p style="text-align: center;">28</p> <p style="text-align: center;">WG Blueberry Muffin Fruit Punch Juice Mandarin Oranges *****</p> <p style="text-align: center;">Chicken/Cheese Soft Taco Green Chili Rice Romaine/Spinach Salsa Cup Sliced Peaches</p>	<p style="text-align: center;">29</p> <p style="text-align: center;">WG Bagel/Cream Cheese Fresh Apple Orange Juice *****</p> <p style="text-align: center;">Corn Dog/Mustard Chili Beans/Ketchup Carrots sticks Mandarin Oranges</p>	<p style="text-align: center;">30</p> <p style="text-align: center;">WG Breakfast Bar Banana/Mixed Fruit Cup *****</p> <p style="text-align: center;">Beefy Nachos Pinto Beans Jalapeños Cup Romaine/Spinach School Boy Apple</p>		

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